

CURRICULUM VITAE – Georg Ruppe

Personal Information

Nationality: Austrian
 Date of birth: 14th of August 1975 in Graz (Austria)
 Gender: Male
 Degree: Dr. med. univ., M.A.



Current Position

Head of Institute, CEO, Scientific Coordinator, Austrian Interdisciplinary Platform on Ageing /ÖPIA
Scientific Liaison Officer, European Geriatric Medicine Society / EuGMS

Work Experience

Since 2009 **Head of Institute, CEO, Senior Researcher**,
 Austrian Interdisciplinary Platform on Ageing /ÖPIA
Since 2014 **Scientific Liaison Officer**, European Geriatric Medicine Society / EuGMS,
Since 2013 **Permanent teaching assignment**, Ferdinand Porsche FernFH Wiener Neustadt
2008-2012 **Senior Researcher in the department for “Health and Care”**,
 European Centre for Social Welfare Policy and Research (affiliated to the UN)
2007-2008 **Senior Researcher**, Danube-University Krems
2006 **Scientific collaborator ‘Department for Palliative Care and Organisational Ethics’**,
 IFF Faculty, University of Klagenfurt
2002-2005 **Medical Doctor (General Medicine)**, St. Joseph Hospital
2002 **Medical Doctor (General Medicine)**, Private Consultancy, Dr. Christian Anderwald

Education

2001 Graduation in Medicine (‘with honors’) at University of Vienna, Academic degree of *Dr. med. univ.*, with special training in “Ethnomedicine” (Vienna/Austria)
2000 – 2001 Medical school at University of Valencia (Valencia/Spain)
1997 – 2000 Medical school at University of Vienna (Vienna/Austria)
1994 – 1996 Medical school at Karl-Franzens University (Graz/Austria)
June 1994 High school graduation ‘with honors’ (Graz/Austria)

Post-graduate and advanced training

2012 Diploma in Geriatric Medicine
 Diploma in Palliative Medicine
2005/2006 Advanced International Master’s degree / M.A. (‘with honors’) in “Medical Anthropology” at University of Amsterdam, The Netherlands
2005 - 2006 International diploma courses in “Alpine- and High-Altitude Medicine”
2002 – 2005 Training period in hospitals (‘Turnus’) and final examination, obtaining the qualification as General Practitioner (‘ius practicandi’)

Coordination & Research - selected projects:

AFFIRMO – Atrial fibrillation integrated approach in frail, multimorbid and polymedicated older people,
 HORIZON2020, EuGMS Principal Investigator / Senior Researcher, 2021- 2026. <https://affirmo.eu/>

Gewaltbetroffenheit älterer Menschen in Österreich. Eine explorative Studie. In Kooperation mit European Centre for Social Welfare Policy and Research and Institut für Konfliktforschung. BMSGPK, PI / Senior Researcher, 2024-2025

I-CARE4OLD – Individualized CARE for Older Persons with Complex Chronic Conditions in home care and nursing homes, HORIZON2020, EuGMS PI /Senior Researcher, 2021-2025. <https://www.icare4old.eu/>

IMAGINE – Improving antibiotic use in long term care facilities by infection prevention and control and antibiotic stewardship, EU4Health, EuGMS PI /Senior Researcher, 2023-2025. <https://imagineproject.eu/>

NETWORK AGEING – *Ageing and demographic change as challenge and opportunity*. Lead and coordination. BMBWF / FFG, Coordinator, 2016-2023. <http://www.netzwerk-altern.at/>

COVALT – Ältere Menschen zwischen Schutz und Selbstbestimmung. Lebensqualität im Alter auch in Krisenzeiten. Evaluierung der Auswirkungen von Maßnahmen zur Eindämmung der COVID-19 Pandemie auf ältere Menschen. Projektmitarbeit in Beauftragung durch die Gesundheit Österreich GmbH /GÖG, PI, BMSGPK. 2021

EXPLOORE – *Exploring Oldest Old Research across Europe*. Project Lead and Coordination, JPI_EC: More Years Better Lives /MYBL, Coordinator, 2019-2022. <http://www.exploore.at/>

PROMISS – Prevention of Malnutrition in Senior Subjects in the EU, HORIZON2020, EuGMS PI /Senior Researcher, 2016 – 2021. <https://www.promiss-vu.eu/>

SUSTAIN – Sustainable tailored integrated care for older people in Europe. European Commission, HORIZON2020, PI /Senior Researcher, 2015 – 2019. <http://www.sustain-eu.org/>

ÖIHS I / II / III / IV - The Austrian Interdisciplinary Study on The Oldest Old, BMSGPK, BMBWF; AT Regions. Coordinator and PI since 2013 (Waves I-IV). http://www.oepia.at/hochaltrigkeit/?page_id=17

MPI_Age – A multidimensional Prognostic Index. EU_Health Program, EuGMS PI /Senior Researcher, 2014 – 2020. <http://www.mpiage.eu/>

AAL VISION - Entwicklung einer AAL Vision 2025 für Österreich unter Einbeziehung aller Stakeholder und internationaler Trends. Partner. FFG benefit, Senior Researcher, 2017-2018, www.aalvision.at

INKO- Studie zum Thema „Harninkontinenz und soziale Inklusion“. Coordination. BMASK, 2016-2017

IntegrAAL - AAL in der Praxis - Ein Leitfaden zu Fragen der Implementierung und Effizienzsteigerung BMVIT, FFG benefit, 2014.

ECAB – Evaluating Care Across Borders, European Commission, Seventh Research Framework Programme / EC_FP7, coordinated by the London School of Economics , Senior Researcher, 2010-2013

INTERLINKS – Health systems and long-term care for older people in Europe: Modelling the interfaces and links between prevention, rehabilitation, quality of services and informal care”, EC_FP7. PI and Coordination with the European Centre in Vienna, 2008-2012, <http://interlinks.euro.centre.org/>

Consultancy, Advisory-/ Board Member - selected positions:

- Consultant in the Boards of the European Geriatric Medicine Society / EuGMS since 2014
- Founding Member and Executive Board Member of the European Interdisciplinary Council on Ageing / EICA since 2015, <https://eica.univiu.org/>
- Scientific Advisory Board Member of the Joint Programming Initiative “More Years Better Lives” (JPI_MYBL) since 2020
- Member of the “Ageing Medicine Board” at the Austrian Minister for Health since 2015
- President (2016-2019) and Executive Board Member of the society “AAL-Austria / Innovation Platform for Intelligent Assistance in Everyday Life” since 2012

- Reviewer for *European Geriatric Medicine / EGM*, Official journal of the European Geriatric Medicine Society, Springer, <https://link.springer.com/journal/41999>
- Permanent board member and lecturer in the health promotion initiative "Altern mit Zukunft" funded by the Health Promotion Fund Styria (2012-2024)
- Member of the National Executive Committee of the Austrian government for the European Year 2012 "Active Ageing and Solidarity between Generations", 2011 - 2012
- Consultant for the BVAEB Insurance group. Development of a health promotion program ("Altern mit Zukunft") for patients at the Health Centre Josefhof (BVAEB), 2015

Selected Teaching, Training and Lecturing

- Permanent Teaching Assignment as lecturer at Ferdinand Porsche FernFH Wiener Neustadt (Curriculum: "Ageing Services Management"), since 2013
- Lecturer and Developer of a series of interactive half-day seminars on 'Healthy Longer Living,' in the health promotion initiative 'Altern mit Zukunft,' (2012-2024)
- Coordination of the international public "ÖPIA Lectures on an Ageing Society" (4 lectures per year; Palais Harrach / Vienna; 2010 – 2020)
- Lecturer at the University of Vienna (Inst. for Sociology, with Prof. F. Kolland), "Interdisziplinäre Ringvorlesung Altern", 2011 – 2017
- Speaker, moderator and discussant at numerous national and international conferences, symposia and other scientific meeting formats

Selected Publications:

- Llor C, Olsen J, Lykkegaard J, Anastasaki M, Nygaard Jensen J, Søndergaard J, Antsupova V, Petek D, Hansen MP, Theut M, Lions C, Jaruseviciene L, Radzeviciene R, Bálint A, Glasova H, Glasa J, Sodja N, Moragas A, Monfà R, Garcia-Sangenis A, Kowalczyk A, Ruppe G, Vallejo-Torres L, Elistratova M, González López-Valcárcel B, Tsoulchali G. (2025). Assessment of potentially unnecessary antibiotic use for suspected urinary tract infections in nursing homes using a simplified algorithm. *Expert Rev Anti Infect Ther.* 2025 Jan 20. doi: [10.1080/14787210.2025.2456860](https://doi.org/10.1080/14787210.2025.2456860). Epub ahead of print. PMID: 39831536.
- Bahat, G., Erdogan, T., Can, B., Ozkok, S., Ilhan, B., Tufan, A., Karan, M. A., Benetos, A., Cherubini, A., Drey, M., Garfinkel, D., Gaşowski, J., Renom-Guiteras, A., Kotsani, M., McCarthy, L., Onder, G., Pazan, F., Piotrowicz, K., Rochon, P., Ruppe, G., Thompson, W., Topinkova, E., van der Velde, N., Petrovic, M. (2024). Cross-Cultural Adaptation and Clinical Validation of TIME Criteria to Detect Potentially Inappropriate Medication Use in Older Adults: Methodological Report from the TIME International Study Group. *Drugs Aging*, 2024 Dec 17. doi: [10.1007/s40266-024-01164-3](https://doi.org/10.1007/s40266-024-01164-3). Epub ahead of print. PMID: 39688727.
- Llor, C., Moragas, A., Ruppe, G., Lykkegaard, J., Hansen, M. P., Antsupova, V. S., Jensen, J. N., Theut, A. M., Petek, D., Sodja, N., Kowalczyk, A., Bjerrum, L.; IMAGINE study group. (2024). Diagnosing probable urinary tract infections in nursing home residents without indwelling catheters: A narrative review. *Clin Microbiol Infect*, 2024 Dec; 30(12):1523-1528. doi: [10.1016/j.cmi.2024.08.020](https://doi.org/10.1016/j.cmi.2024.08.020). Epub 2024 Aug 30. PMID: 39209268.
- García-Sangenís, A., Modena, D., Jensen, J. N., Chalkidou, A., Antsupova, V. S., Marloth, T., Theut, A. M., González López-Valcárcel, B., Raynal, F., Vallejo-Torres, L., Lykkegaard, J., Hansen, M. P., Søndergaard, J., Olsen, J. K., Munck, A., Balint, A., Benko, R., Petek, D., Sodja, N., Kowalczyk, A., Godycki-Cwirko, M., Glasová, H., Glasa, J., Radzeviciene Jurgute, R., Jaruseviciene, L., Lionis, C., Anastasaki, M., Angelaki, A., Petelos, E., Alvarez, L., Ricart, M.,

- Briones, S., Ruppe, G., Monfà, R., Bjerrum, A., Llor, C. (2024).** Improving Antibiotic Use in Nursing Homes by Infection Prevention and Control and Antibiotic Stewardship (IMAGINE): Protocol for a Before-and-After Intervention and Implementation Study. *JMIR Res Protoc*, 2024 Sep 16; 13:e60099. doi: [10.2196/60099](https://doi.org/10.2196/60099). PMID: 39284176; PMCID: PMC11444125.
- **Hoogendijk, E. O., Onder, G., Smalbil, L., Vetrano, D. L., Hirdes, J. P., Howard, E. P., Morris, J. N., Fialová, D., Szczerbińska, K., Kooijmans, E. C., Hoogendoorn, M., Declercq, A., De Almeida Mello, J., Leskelä, R. L., Häsä, J., Edgren, J., Ruppe, G., Liperoti, R., Joling, K. J., van Hout, H. P.; I-CARE4OLD consortium. (2023).** Optimising the care for older persons with complex chronic conditions in home care and nursing homes: Design and protocol of I-CARE4OLD, an observational study using real-world data. *BMJ Open*, 2023 Jun 29; 13(6):e072399. doi: [10.1136/bmjopen-2023-072399](https://doi.org/10.1136/bmjopen-2023-072399). PMID: 37385750; PMCID: PMC10314651.
 - **Ensink, G., Kruse, A., Mettner, M., Remmers, H., Ruppe, G., Schmitt, E. (2022).** Die Perspektive der Institutionen: Wie stellen sich diese auf das hohe Alter ein? In: A. Kruse & E. Schmitt (Eds.), *'...der Augenblick ist mein und nehm ich den in Acht' – Daseinsthemen und Lebenskontexte alter Menschen* (pp. 297-318). Heidelberg: University Publishing.
 - **de Bruin, S. R., Billings, J., Stoop, A., Lette, M., Ambugo, E. A., Gadsby, E., Häusler, C., Obermann, K., Ahi, G. P., Reynolds, J., Ruppe, G., Tram, N., Wistow, G., Zonneveld, N., Nijpels, G., Baan, C.; SUSTAIN consortium. (2020).** Different Contexts, Similar Challenges. SUSTAIN's Experiences with Improving Integrated Care in Europe. *Int J Integr Care*, 2020 Jun 26; 20(2):17. doi: [10.5334/ijic.5492](https://doi.org/10.5334/ijic.5492). PMID: 32607104; PMCID: PMC7319084.
 - **Stoop, A., de Bruin, S. R., Wistow, G., Billings, J., Ruppe, G., Leichsenring, K., Obermann, K., Baan, C. A., Nijpels, G. (2019).** Exploring improvement plans of fourteen European integrated care sites for older people with complex needs. *Health Policy*, 2019 Dec; 123(12):1135-1154. doi: [10.1016/j.healthpol.2019.09.009](<https://doi.org/10.1016/j.healthpol.2019.09.009>). Epub 2019 Sep 24. PMID: 31615623.
 - **de Bruin, S. R., Stoop, A., Billings, J., Leichsenring, K., Ruppe, G., Tram, N., Barbaglia, M. G., Ambugo, E. A., Zonneveld, N., Paat-Ahi, G., Hoffmann, H., Khan, U., Stein, V., Wistow, G., Lette, M., Jansen, A. P. D., Nijpels, G., Baan, C.; SUSTAIN consortium. (2018).** The SUSTAIN Project: A European Study on Improving Integrated Care for Older People Living at Home. *Int J Integr Care*, 2018 Jan 16; 18(1):6. doi: [10.5334/ijic.3090](https://doi.org/10.5334/ijic.3090). PMID: 29632456; PMCID: PMC5887072.
 - **Leichsenring, K., Lamontagne-Godwin, F., Schmidt, A., Rodrigues, R., Ruppe, G. (2013).** Performance Measurement in Long-term Care in Austria. In: Mor, V., Leone, T., & Maresso, A. (Eds.), *The Challenges in Regulating Long-term Care Quality: An International Comparison* (pp. 123-145). Cambridge: Cambridge University Press.
 - **Kümpers, S., Ruppe, G., Wagner, L., Dietrich, A. (2013).** Prevention and Rehabilitation within Long-term Care: Applying a Comprehensive Perspective. In: Leichsenring, K., Billings, J., & Nies, H. (Eds.), *Long-term Care in Europe – Improving Policy and Practice* (pp. 88-110). Basingstoke: Palgrave Macmillan.
 - **Ruppe, G., Holdsworth, L. (2013).** Palliative Care within Long-Term Care Systems. Beyond End of Life? In: Leichsenring, K., Billings, J., & Nies, H. (Eds.), *Long-term Care in Europe – Improving Policy and Practice* (pp. 145-167). Basingstoke: Palgrave Macmillan.
 - **Fuchs, M., Leichsenring, K., Ruppe, G., Marin, B., & Vanhuyse, P. (2012).** Wirkungsweisen und Effekte von Geld- und Sachleistungen im Sozialbereich [Effects of Services in Kind and in Cash in Social Care and Assistance]. Commissioned by the City of Vienna, Department for Health and Social Planning.
 - **Ruppe, G. (2011).** Active Ageing and Prevention in the Context of Long-Term Care. Rethinking Concepts and Practices. Policy brief, Vienna: European Centre for Social Welfare Policy and Research. Available at: www.euro.centre.org.
 - **Ruppe, G., Heller, A. (2007).** Ärztliche Versorgung am Lebensende im Pflegeheim [Medical Care at the End of Life in Nursing Homes]. In: Heller, A., Heimerl, K., & Husebö, S. (Eds.), *Wenn Nichts mehr zu machen ist, ist noch viel zu tun* (pp. 259-271). Freiburg im B.: Lambertus.